

ALP26 - A Lasting Promise

**Got Your Back:
Carrying Each Other's Burdens**

Romans 8:22-23

²² For we know that
the whole creation
has been groaning together
in the pains of childbirth
until now.

²³ And not only the creation,
but we ourselves, who have
the firstfruits of the Spirit,
groan inwardly
as we wait eagerly
for adoption as sons,
the redemption of our bodies.

English Standard Version (ESV)
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