

## **BM5 - BIBLICAL MENTORING**

### **PAUL & BARNASAS:**

Taking Breaks and Sharing the Load

### **Acts 13:4-5**

<sup>4</sup>So, being sent out  
by the Holy Spirit,  
they went down to Seleucia,  
and from there  
they sailed to Cyprus.  
<sup>5</sup>When they arrived at Salamis,  
they proclaimed  
the word of God  
in the synagogues of the Jews.  
And they had John to assist  
them.

English Standard Version (ESV)  
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