

**H3 - HOPE**  
**WORD OF GOD**

*Ephesians 6:16-17*

In all circumstances  
take up the shield of faith,  
with which you can extinguish  
all the flaming darts  
of the evil one;  
and take the helmet  
of salvation,  
and the sword of the Spirit,  
which is the word of God,

English Standard Version (ESV)  
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